

# PRIVATE *Sail training*

## ADVANCED TRAINING 6 DAYS 5 NIGHTS



### *The Boat*

You'll be aboard one of our Maritime NZ approved Raven 31s. A safe well proven kiwi designed cruising yacht. Large enough for comfort but small enough to be responsive and easily handled by a small crew.



### *The instructor*

You'll have one of our offshore experienced instructors leading the course. We are all Yachting New Zealand and/or IYT (International Yacht Training) certified instructors.



### *The qualifications*

Depending on previous experience and your own sailing aspirations you can expect to obtain - Yachting New Zealand Keelboat Level 2 or 3, IYT International Crew or International Bareboat Skipper Certification, International Certificate of Competence (ICC), NauticEd endorsements.



**CONTACT US**

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**Great Escape**  
*Sail Yourself Yachts*



# OVERVIEW OF COURSE

- Private advanced training course for two to four participants - boat and an instructor to yourselves.
- Suitable for intermediate and advanced level sailors.
- Tailored content to enable participants with different levels of knowledge and experience to gain new skills, confidence, competence and certification appropriate to previous experience and desired outcomes.
- Benefit from practical, experiential learning opportunities when you cast off by yourselves to put into practise your new skills.

## SCHEDULE

*Day one - Instructor aboard, return to base in the afternoon*

*Day two - Instructord aboard, night sail experience*

*Day three - Instructor aboard, return to base in the afternoon*

*Days four and five - Self-sail, practise skills and prepare for exam (Option to extend sel-sail days)*

*Day six (or when you return) - Theory exam and practical assessment*

## Potential QUALIFICATIONS and prerequisites

- Yachting New Zealand (YNZ)  
Keelboat Level 2 - prerequisite YNZ Level 1
- Yachting New Zealand (YNZ)  
Keelboat Level 3 - prerequisite YNZ Level 2
- International Yacht Training (IYT)  
International Crew - prerequisite IYT eLearning,
- IYT International Bareboat Skipper - prerequisite 10 days skipper or co-skipper experience, IYT eLearning, VHF License, a first aid course is also recommended.
- International Certificate of Competence - Optional endorsement for those who gain IYT Bareboat Skipper

*This is not a beginner course - contact us to confirm suitability*



W O R L D W I D E



Yachting New Zealand





# COURSE CONTENTS

## SAFETY SYSTEMS

Responsibilities of a skipper and crew  
Crew duties and watchkeeping  
Crew safety checks  
Emergencies: fire, grounding, dismasting and flooding, MOB, Abandon ship  
Location and use of essential safety equipment  
Lifejackets, harnesses, jacklines  
Bilge pumps and alarms  
Emergency steering

## ON DECK PROCEDURES

Sail selection, hoisting, reefing, dropping, and furling  
Points of sail and sail trim  
Ropes, knots, splicing, care and use of lines  
Working safely aloft  
Considerations for night watch  
Steering by compass and the stars

## NAVIGATION

Chart selection, cruising guides and aids to navigation  
Determining course, distance, VMG, and ETA  
Plotting course and determining DR, depths, dangers, currents, and obstructions.  
Use of hand bearing compass  
Tidal effects, heights, springs, and neaps  
Collision regulations and application  
Buoyage - lights, shapes, and sounds  
Rules of the road  
Electronic Navigation, use of GPS and Chartplotter apps (You will need to download an app and bring a suitable smart device for this module).

## METEOROLOGY

Sources of meteorological information  
Weather patterns  
Sea and land breezes  
Cloud types and formations  
Tides and currents

## HEAVY WEATHER SAILING TECHNIQUES

Heavy weather precautions  
Heaving to practice  
Lessons from significant weather events

## CRUISING SKILLS

Maintenance of deck gear  
Sail repair  
Galley essentials - provisioning and cooking aboard  
Advanced dingy handling  
Communication - use of VHF (TRs, Emergency)  
Seasickness and sleep deprivation awareness

## ANCHORING, DOCKING, & MOORING

Calculating scope and diameter of swing room  
Identification of suitable anchorage and back-up options  
Vessel handling in confined quarters  
Mooring, anchoring, and coming alongside  
Discussion of foreign port regulations, customs, immigration

## BOAT SYSTEMS

Hull, rig and sail checks  
Fuel and water capacity and range  
Engine essentials - inspection and maintenance  
Boat keeping and maintenance  
Marine head and holding tank



## SCHEDULE & COSTS

### Hands on learning- Private advanced sail training

Great Escape is an accredited Yachting NZ, International Yacht Training (IYT) and NauticEd, sailing school

This is an extremely practical, hands-on sail training course. Designed to enable you to competently skipper a yacht for extended coastal cruising. You will get plenty of practice and training on essential competencies including maneuvering a boat under sail and power, passage preparation, safety underway, docking, navigation, and adherence to regulatory requirements.

- Course cost two participants: Six days, five nights - \$4,530
- Additional participants - \$590 each (maximum of four aboard)

A recommended gear list will be provided to participants prior to departure.

Paper charts, handbearing compass, navigation equipment, all the required safety gear, including lifejackets, will be provided for use during the course, however you are welcome to bring your own.

You provide your own provisions for all meals, you may eat ashore at the local yacht club on instruction days. Cookware, tableware, and good drinking water aboard.

Certification costs / optional extras:

- Yachting New Zealand Level 3 workbook \$45
- IYT International Crew Certification \$55
- IYT International Bareboat Skipper Certification \$125
- IYT ICC Endorsement \$205
- NauticEd - Electronic Navigation eLearning US\$25
- Linen \$30 per person (Pillow, sheet, duvet and towel)
- NauticEd practical assessment \$45
- Extra days sailing by yourselves - applicable Raven 31 charter rates

Availability, Terms and Conditions online

<https://www.greatescape.co.nz/sailing-school/sailing-school-registration/>

*Check  
availability and  
book online*

- Contact us for more information
- (09) 402 7143
- [sail@greatescape.co.nz](mailto:sail@greatescape.co.nz)

  
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